

## Juneau Community Resource List - Updated September 18, 2013

PREGNANCY & BIRTH	
Caret Pregnancy Center Juneau- Faith Based	789-9599
Inside Passage Midwifery & Natural Medicine	463-2600
Juneau Family Birth Center & doula services	586-1203
Wellspring Integrative Medical & Natural Birth Center	789-1812

HEALTH & MEDICAL SERVICES	
Adaptive Needs	789-5721
Alaska's Tobacco Quit Line	1-888-842-QUIT
Breast & Cervical Cancer Early Detection	1-800-410-6266
<b>BRH</b> Bartlett Regional Hospital	796-8900
<b>BRH</b> Bartlett Regional Hospital Diabetes Program	796-8649
<b>BRH</b> Emergency Room	796-8427
<b>BRH</b> Rainforest Recovery Center	796-8690
Catholic Community Service Hospice & Home Care	463-6111
Compass Homecare -Chore, Respite, Personal Care	790-3650
Community Mental Health Services	465-3370
Cornerstone Home Health & Hospice	586-6838
<i>family wize</i> Prescription Drug Discount Card	1-877-HELP-976
Fetal Alcohol Syndrome Program	465-3033
Front Street Clinic for homeless persons	463-4201
<b>HOPE</b> Community Resources Inc.	463-3602
<b>JAMHI</b> Juneau Alliance for Mental Health Inc	463-3303
<b>JASAP</b> Juneau Alcohol Safety Action Program	463-4410
Juneau Public Health Center	465-3353
<b>NCADD</b> Ntl Council on Alc/Drug Dependencies	463-3755
Planned Parenthood Juneau Health Center	523-5025
<b>SEAMS</b> South East Alaska Medical Suppliers	586-6880
<b>SEARHC</b> S.E. Alaska Regional Health Consortium	463-4000
Tongass Substance Screening	523-8402

ADULT & FAMILY SUPPORT SERVICES	
Alaska Aids Assistance Association	586-6089
Alaska Center for Resource Families	<b>790-4246</b>
<b>Aiding Women in Abuse and Rape Emergencies</b>	586-6623
AK Network on Domestic Violence & Sexual Assault	586-3650
Alaska Brain Injury Network Inc.	888-574-
Alaska Legal Services Corporation	586-6425
American Red Cross	463-5712
Best Beginnings Grandfamilies Network Project	297-3300
Cancer Connection	796-2273
Catholic Community Service	463-6100
CCTHITA TANF workforce development	789-4264
Disability Law Center of Alaska	1-800-478-1234
Gastineau Human Services Corporation	780-4338
Heating Assistance Applications DHSS/DPA	465-3058
Juneau Probation Office-Adult Offenders	465-3180
<b>Love INC</b> -food household goods, clothing	780-4090
Polaris House mental health support group	780-6775
REACH	586-8228
<b>SAIL</b> Southeast Alaska Independent Living	586-4920
<b>SAIL/ORCA</b> Outdoor Recreation & Community Access	586-0104
Salvation Army	586-2136
Social Security Administration 11:30 AM-3:30 PM	586-7070
United Way of Southeast Alaska	463-5530

Credit Counseling	
Consumer Credit - Juneau number	586-2645
Money Management	1-800-493-2222

ALASKA DEPARTMENT OF LABOR	
Juneau Job Center Resource Room 1st Floor	465-2952
Juneau Unemployment Insurance Claim Center	465-5552
Vocational Rehabilitation- <b>JJC</b> 3rd Floor	465-8943
Career Support & Training Services <b>JJC</b>	465-5545
Department of Labor Wage and Hour	465-4842

EDUCATION	
<b>SERRC-TLC</b> The Learning Connection	586-5718
<b>TLC</b> The Construction Academy at SERRC	586-5718
<b>TLC</b> Family Learning Center at Gruening Park	780-6706
<b>UAS</b> University of Alaska Southeast Juneau Campus	796-6100
<b>VTRC</b> Vocational Training & Resource Center	463-7375

TEENS & YOUNG ADULTS SERVICES	
Juneau School District support for homeless students	523-1730
<b>JYS</b> Juneau Youth Services, Inc.	789-4733
<b>SAGA</b> Southeast Alaska Guidance Association	789-6172
Planned Parenthood - Education	209-7051
Young Parent Healthy Teen Center @ Zach Gordon	463-KIDS

CHILD CARE	
<b>AEYC</b> Child Care Provider Referrals	789-1231
<b>AEYC</b> Ass'n for the Education of Young Children	789-1235
<b>CCS</b> Child Care Assistance Program	463-6184
City & Borough of Juneau Rally Program	463-1700
Denali Kid Care	1-888-318-8890
Tlingit & Haida Headstart	586-1432

SENIOR SERVICES	
Alaska Community Services, Inc.	276-6472
<b>CCS</b> Southeast Senior Services	463-6177
<b>HSS</b> Juneau Pioneer Home	780-6422
<b>MASST</b> Mature Alaskans Seeking Skills Training	586-5718
The Bridge Adult Day Program	463-6171

U.S. Military Veterans	
Disabled American Veterans	1-888-376-9301
Helmets to Hardhats-construction jobs for veterans	457-2597
Juneau VA Outreach Clinic	796-4300
The American Legion	1-888-353-7574 ext 4802
Veterans of Foreign Wars of the US	1-888-353-7574 ext 4801

HOUSING RESOURCES	
Housing Assistance Program Shari Partin	780-4475
<b>AHDC</b> - Gruening Park, Eaglewood, Ravenwood	780-6666
<b>AHFC</b> Alaska Housing Finance Corporation	586-3750
<b>AHFC</b> Cedar Park, Geneva Woods	586-3750
<b>AHFC</b> Mountain View-895 West 12th Street	586-1420
<b>AHFC</b> Riverbend on Postal Way	586-3750
Orca Point Apts. Adaptive and low income	364-3130
Tlingit & Haida Regional Housing Authority	780-6868

Federal Income Tax Information	
AARP Tax-Aide	789-1821
IRS Tax Assistance	1-800-829-1040
W-2 Express	www.w2express.com

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CRISIS HOTLINES	
<b>EMERGENCY - Police - Fire - Ambulance</b>	911
<b>United Way Human Services</b>	211
<b>AIDS Hotline</b>	1-800-478-2437
<b>AWARE crisis line</b>	586-1090
<b>Careline Crisis Intervention</b>	1-877-266-4357
<b>Poison Information</b>	1-800-222-1222
<b>V.A. Suicide Prevention</b>	800-273-8255 Press 1 for veterans

EMERGENCY SHELTERS	
<b>AWARE - Women and Children</b>	586-6623
<b>The Glory Hole - South Franklin Street</b>	586-4159
<b>Juneau Youth Services - Valley Office</b>	789-4733
<b>St. Vincent de Paul-Behind Nugget Mall</b>	789-5535

CITY AND BOROUGH OF JUNEAU FOOD BANKS and PREPARED MEALS								
CHURCHES Name & Address	Phone	Monday Hours	Tuesday Hours	Wednesday Hours	Thursday Hours	Friday Hours	Saturday Hours	Quantity
Douglas Community United Methodist 1106 3rd St, Douglas	364-2408	1:30-3:30	4:00-6:00	1:30-3:30	4:00-6:00	CLOSED	CLOSED	1 bag/ month
Resurrection Lutheran 740 W. 10th Street	586-2380	1:00-3:00	1:00-3:00	1:00-3:00	1:00-3:00	1:00-3:00	CLOSED	Food as needed
St. Brendan's Episcopal 4207 Mendenhall Loop	789-5152	4:30-6:00	4:30-6:00	4:30-6:00	4:30-6:00	CLOSED	CLOSED	Please call first
Sheppard of the Valley 4212 Mendenhall Loop	789-4093	CLOSED	6:30-7:30 P	CLOSED	CLOSED	CLOSED	9:00-10:00 A	dry and canned goods
OTHER AGENCIES Name & Address	Phone	Monday Hours	Tuesday Hours	Wednesday Hours	Thursday Hours	Friday Hours	Saturday Hours	Quantity
Glory Hole 247 S. Franklin Street	586-4159	1:00-4:00	1:00-4:00	1:00-4:00	1:00-4:00	1:00-4:00	1:00-4:00	Once a week
Helping Hands Switzer Village Rec Hall	789-4390	CLOSED	5:30-7:00	CLOSED	CLOSED	5:30-7:00	CLOSED	\$1.00 donation requested
Love INC No walk in location	780-4090	Individuals can call in and request a variety of assistance Monday, Wednesday, Friday 10:00 AM to 2:00 PM. Tuesday 7:00 PM to 8:30 PM					CLOSED	Calls Only
St. Vincent de Paul	789-5535	Food vouchers are available when funding exists.						Please call first
Salvation Army 439 W. Willoughby Ave	586-2136	CLOSED	CLOSED	CLOSED	9:30-12:00	CLOSED	CLOSED	once a month
Southeast Food Bank 10020 Crazy Horse Drive	789-6184	Agency Only	Agency Only	Agency Only	Agency Only	Agency Only	8:30-10:00	bring a bag
<b>WIC-Women &amp; Infant Children</b> 3245 Hospital Drive	463-4099	App'ts 8:30-4:30	App'ts 8:30- 4:30	walk in 1-6:30	walk in 9:00-3:30	App'ts 8:30-4:30	CLOSED	Bring ID and proof of income
PREPARED MEALS Name & Address	Phone	Monday Hours	Tuesday Hours	Wednesday Hours	Thursday Hours	Friday Hours	Saturday Hours	Quantity
Glory Hole 247 S. Franklin Street	586-4159	Hours 7AM-9:30 PM	Hours 7AM-9:30 PM	Hours 7AM-9:30 PM	Hours 7AM-9:30 PM	Hours 7AM-9:30 PM	Hours 7AM-9:30 PM	Sunday 10AM-9:30PM
Meals On Wheels 895 W. 12th Street	463-6179	Delivered daily about noon. Must be over 60 years old or house bound. Call first for eligibility determination					CLOSED	Mon- Fri 1 meal home delivery
St. Brendan's Episcopal 4207 Mendenhall Loop	789-5152				Community Supper 6 PM			