

# Ansell-Casey Life Skills Assessment

## Youth Level III — Version 4.0

**Instructions:** These questions will ask you about what you know and can do. Please try to answer all the questions.

### Demographics

1. I am:       Male       Female

2. My current age (years): \_\_\_\_\_

3. My grade in school:

- |   |  |
|---|--|
| <input type="radio"/> 1 <sup>st</sup> grade | <input type="radio"/> 9 <sup>th</sup> grade  |
| <input type="radio"/> 2 <sup>nd</sup> grade | <input type="radio"/> 10 <sup>th</sup> grade |
| <input type="radio"/> 3 <sup>rd</sup> grade | <input type="radio"/> 11 <sup>th</sup> grade |
| <input type="radio"/> 4 <sup>th</sup> grade | <input type="radio"/> 12 <sup>th</sup> grade |
| <input type="radio"/> 5 <sup>th</sup> grade | <input type="radio"/> Trade school           |
| <input type="radio"/> 6 <sup>th</sup> grade | <input type="radio"/> In college             |
| <input type="radio"/> 7 <sup>th</sup> grade | <input type="radio"/> Not in school          |
| <input type="radio"/> 8 <sup>th</sup> grade | <input type="radio"/> Other                  |

4. My race/ethnicity? (Please choose all that apply)

- |   |  |
|---|--|
| <input type="radio"/> American Indian or Alaskan Native | <input type="radio"/> Korean                 |
| <input type="radio"/> Asian Indian                      | <input type="radio"/> Native Hawaiian        |
| <input type="radio"/> Black, African-American           | <input type="radio"/> Other Asian            |
| <input type="radio"/> Chinese                           | <input type="radio"/> Other Pacific Islander |
| <input type="radio"/> Filipino                          | <input type="radio"/> Other Race: _____      |
| <input type="radio"/> Guamanian or Chamorro             | <input type="radio"/> Samoan                 |
| <input type="radio"/> Hispanic/Latino/Spanish           | <input type="radio"/> Vietnamese             |
| <input type="radio"/> Japanese                          | <input type="radio"/> White                  |

5. My primary race/ethnicity? (Please choose only one)

- |   |   |
|---|---|
| <input type="radio"/> American Indian or Alaskan Native | <input type="radio"/> Guamanian or Chamorro   |
| <input type="radio"/> Asian Indian                      | <input type="radio"/> Hispanic/Latino/Spanish |
| <input type="radio"/> Black, African-American           | <input type="radio"/> Japanese                |
| <input type="radio"/> Chinese                           | <input type="radio"/> Korean                  |
| <input type="radio"/> Filipino                          | <input type="radio"/> Native Hawaiian         |
|   | <input type="radio"/> Other Asian             |

- Other Pacific Islander
- Other Race: \_\_\_\_\_
- Samoan
- Vietnamese
- White

**6. If you are American Indian, Native American, or Alaska Native, please write the name of your Tribal or Community Affiliation on the line below.**

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**7. Postal (zip) code of your home address (for research purposes):**\_\_\_\_\_

**8. Which answer best describes your current living situation:**

- On my own (alone or shared housing)
- With my birth (biological) parents
- With my birth (biological) mother or father
- With my adoptive parent(s)
- With my foster parent(s) who is/are unrelated to me
- With relatives (not foster care)
- With relatives who are also my foster parents
- In a group home or residential facility
- In a juvenile detention or corrections facility
- With a friend's family (not foster care)
- At a shelter or emergency housing
- With my spouse, or partner, or boyfriend or girlfriend
- Other

**9. How many years have you been in this living situation?** \_\_\_\_\_

**10. I have a Social Security card:**

- Yes
- No

**11. I have a copy of my birth certificate:**

- Yes
- No

**12. I have a photo ID:**

- Yes
- No

**13. When completing this assessment, I am at the following location:**

- Employment or vocational agency
- Youth/family community service agency
- School library, classroom, or computer room
- Public Library
- Foster care agency
- Recreation facility (like YMCA, Boys/Girls Club)
- Where I live
- University
- Church, synagogue, temple, mosque or religious facility
- Juvenile detention or correction facility

**Knowledge and Behavior**

Please circle the number (1, 2 or 3) that describes you best:

	<b>Not like me</b>	<b>Somewhat like me</b>	<b>Very much like me</b>
<b>Communication</b>			
1. I get help if my feelings bother me	1	2	3
2. I can explain how I am feeling (like angry, happy, worried or depressed)	1	2	3
3. I ask for help when I need it	1	2	3
4. I talk with an adult I feel close to	1	2	3
5. I talk over problems with a friend	1	2	3
6. I accept compliments or praise without feeling embarrassed	1	2	3
7. I clearly present my ideas to others	1	2	3
8. I ask questions to make sure I understand something someone has said	1	2	3
9. When I disagree with someone, I try to find a compromise	1	2	3

		<b>Not like me</b>	<b>Somewhat like me</b>	<b>Very much like me</b>
<b>Daily Living</b>				
1	I use things in the kitchen, like the microwave, electric mixer, and oven	1	2	3
2	I store food so it doesn't spoil or go bad	1	2	3
3	I fix meals for myself on my own	1	2	3
4	I keep my living space clean	1	2	3
5	I know how to wash my clothes according to the label (for example, hand wash, dry clean, cold water)	1	2	3
6	I prevent or minimize roaches, ants, mice, mold, mildew, etc	1	2	3
7	I fix my clothes when they need it, like sewing on a button	1	2	3
8	I follow the basic fire prevention and safety rules for where I live	1	2	3
9	I can set up a free email account	1	2	3
<b>Housing and Money Management</b>				
1	I can complete a rental agreement or lease	1	2	3
2	I can arrange for new telephone service and utilities (such as gas, water, electricity)	1	2	3
3	I can calculate the start-up costs for new living arrangements (for instance; rental deposits, rent, utilities, furnishings)	1	2	3
4	I can explain how to get car insurance	1	2	3
5	I can explain how to establish and maintain a good credit rating	1	2	3
6	I can interpret pay stub information	1	2	3

		<b>Not like me</b>	<b>Somewhat like me</b>	<b>Very much like me</b>
7	I understand billing information (such as a phone bill)	1	2	3
8	I can develop a monthly budget for living on my own	1	2	3
9	I can explain the good points and bad points of buying on credit	1	2	3
10	I can explain how to get and renew a driver's license	1	2	3
11	I can explain where to get help if there is a conflict with the property manager	1	2	3
12	I can contact places around where I live to get financial advice	1	2	3
13	I can explain how to write checks, make deposits and ATM transactions, and balance a checking/savings account	1	2	3
14	I can understand and respond to ads for housing	1	2	3
15	I can explain where to get information about financial aid for education	1	2	3
16	I can name two ways to save money on things I buy	1	2	3
17	I am aware of local social service agencies (like employment and counseling services)	1	2	3
18	I can explain the education or training needed for my career options	1	2	3
<b>Self Care</b>				
1	I can explain how to prevent pregnancy	1	2	3
2	I can explain how girls get pregnant	1	2	3
3	I can explain two ways to prevent sexually transmitted diseases (STDs) such as HIV/AIDS and syphilis	1	2	3

		<b>Not like me</b>	<b>Somewhat like me</b>	<b>Very much like me</b>
4	I can explain what happens to your body if you smoke or chew tobacco, drink alcohol, or use illegal drugs	1	2	3
5	I can take care of minor injuries and illnesses	1	2	3
6	If I need medical help quickly, I know how to get it	1	2	3
7	I can explain what can happen if someone drives while drinking or on drugs	1	2	3
8	I can contact places around where I live to get information on sex or pregnancy	1	2	3
9	I can name two or more places to get help if I feel unsafe	1	2	3
10	I can turn down a sexual advance	1	2	3

### **Social Relationships**

1	I am polite to others	1	2	3
2	I respect other people's things	1	2	3
3	I respect other people's ways of looking at things, their lifestyles, and their attitudes	1	2	3
4	I show appreciation for things others do for me	1	2	3
5	I deal with anger without using violence	1	2	3
6	I think about how my choices affect others	1	2	3
7	I can safely interact with others on the internet	1	2	3

### **Work and Study Skills**

1	I get my work done on time	1	2	3
2	I get to school or work on time	1	2	3
3	I prepare for exams and presentations	1	2	3
4	I look over my work for mistakes	1	2	3
5	I use the library, newspaper, computer/internet, or other resources to get information	1	2	3

		Not like me	Somewhat like me	Very much like me
6	I know how to use the internet to do my homework	1	2	3
7	I know how to use a search engine	1	2	3
8	I can create, save, open, retrieve, and print documents on the computer	1	2	3

### Extra Items

1	I can make appointments with my doctor, dentist, or clinic when needed	1	2	3
2	I avoid relationships that hurt or are dangerous	1	2	3
3	I can explain how to get a copy of my birth certificate	1	2	3
4	I can explain how to get a copy of my Social Security card	1	2	3

### **Performance Items:**

Please mark the best answer for each of the following questions:

#### **Communication**

##### **1. To keep a conversation going, you should?**

- A. Ask questions
- B. Brag about everything you have accomplished
- C. Talk about politics
- D. Smile a lot

##### **2. To present your ideas clearly to someone else, you must first?**

- A. Make sure you understand your own ideas
- B. Get a good night's sleep
- C. Write down the ideas
- D. Think of all the alternatives to your ideas

**3. If a friend sends you an e-mail and you don't understand what they said, you should?**

- A. Delete the e-mail
- B. Send an e-mail back asking them what they mean
- C. Ignore them
- D. Write a long response to what you think they are trying to say

**4. If someone is phishing they are:**

- A. Hungry
- B. Trying to steal your banking information with a false website
- C. Telling a bad joke
- D. Trying to steal your wireless

### **Daily Living**

**5. If the power goes out where you live, which of these probably won't work?**

- A. Microwave
- B. Oven
- C. Refrigerator
- D. All of these probably won't work

**6. Which of these is a safety hazard in the bathroom?**

- A. A washcloth and towel
- B. A hairdryer plugged in right next to the bath tub or shower
- C. An open window
- D. An overturned waste basket

**7. If you are cooking something in a pan using grease and the grease catches fire, what should you do?**

- A. Throw water on the fire
- B. Smother the fire with a towel
- C. Carry the flaming pan outside
- D. Smother the fire with the lid of a pan

### **Housing and Money Management**

**8. If someone wants to rent an apartment, which of these do they have to complete?**

- A. Mortgage papers
- B. Driver's license forms
- C. Change of address forms
- D. A rental application



**9. To get the best car insurance rate, you need to?**

- A. Come from a rich family
- B. Drive an expensive car
- C. Have a safe driving record
- D. Get insurance from a small company, not a large one

**10. Which of these are good ideas about credit cards?**

- A. Try not to use a credit card for luxuries
- B. Try to use credit cards only when you can pay what you charge each month
- C. It's better to use cash than credit cards
- D. All of the above are good ideas about credit cards

### **Self Care**

**11. Which of these is a treatable bacterial infection that can spread throughout the body and affect the heart, brain and nerves?**

- A. Syphilis
- B. Human papillomavirus (HPV)
- C. Herpes
- D. Chlamydia

**12. If someone chews smokeless tobacco, what is likely to happen to them?**

- A. Their teeth will get brown stains
- B. They will become addicted to nicotine
- C. They will be more likely to have cancer later on
- D. All of these are more likely to happen to them

**13. A fever is when the body temperature gets higher than normal. Normal body temperature for most people is?**

- A. 100.2 degrees
- B. 102.4 degrees
- C. 92.3 degrees
- D. 98.6 degrees

### **Social Relationships**

**14. If your teacher's name is Mr. Jonathan P. Edwards, what should you call him?**

- A. Mr. Edwards
- B. Jon
- C. Jonathan
- D. Teacher

**15. If you want others to show respect for you, you should?**

- A. Get really high grades in school
- B. Show them respect
- C. Always be on time for appointments
- D. Dress like everybody else

**16. If someone you know is from another race, you should?**

- A. Avoid them
- B. Think you are better than they are
- C. Respect them as much as anyone else
- D. Try to make them your best friend

### **Work and Study Skills**

**17. What's the best way to make sure you get your homework done?**

- A. Do the toughest part first
- B. Turn off the TV or anything else that might distract you
- C. Get it done before it gets too late
- D. All of these are pretty good ways to get homework done

**18. Which of these is true about using the internet to help with school work?**

- A. It's always OK to send your e-mail address to others if they offer to help you get your assignment done
- B. Go only to sites that will definitely help with the assignment
- C. There are many sites that will actually do your assignment for you
- D. Most internet sites take so long to help you that it isn't worth looking on the internet for help

**19. A resume should have which of the following on it?**

- A. Your birth date
- B. Information about your race
- C. Your work history
- D. Your past salary information

### **Extra Items**

**20. If you have \$100 in your bank account and you write a check for \$125, what will happen?**

- A. The bank will call you and ask you to put more money in the account
- B. The bank will put in an additional \$25 into your account
- C. Your check will not be honored and your check may "bounce"
- D. Your bank account will be immediately closed

**21. A smoke alarm?**

- A. Is something that wakes you up in the morning
- B. Sounds if there is a fire or smoke where one lives
- C. Goes off if someone smokes a cigarette in the next room
- D. Is just another name for a fire extinguisher

**22. If you have an important problem you would like to talk over with someone else, who should you talk to?**

- A. A friend you just met
- B. An adult you trust
- C. Any teacher at school
- D. Your next door neighbor

**Assessment Evaluation**

**1. Not counting today, how many times have you taken an ACLSA?**

\_\_\_\_\_

**2. I filled out this assessment (please mark all that apply):**

- With an adult       By myself       With a friend

**3. How did you like this assessment?**

- I liked it       It was OK       I didn't like it

### Additional Questions

This section is for use with questions provided by your school, agency or caregiver. If no questions have been provided, you may stop here. Thank you.

	A	B	C	D	E
1.					
2.					
3.					
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